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### **The Ketodiet Cookbook More Than**

Ingredients (makes 16 fat bombs) 1 pack coconut butter, softened (200 g/ 7.1 oz) - you can make your own; 1 / 4 cup extra virgin coconut oil, softened (55 g/ 2 oz); 1-2 tbsp organic lemon



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zest or 1-2 lemon  
extract, use to taste;  
15-20 drops liquid  
Stevia extract or any  
low-carb sweetener  
from this list, to taste;  
Optional: pinch sea salt  
Instructions. Zest the  
lemons and make sure  
the coconut ...

**Easy Keto Lemon Fat  
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182.8k. Flavored  
butter, aka compound

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butter, is an amazing  
Low-carb condiment  
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